

**ZENITH HEALTH CARE NETWORK AND NON-NETWORK
Services Requiring Preauthorization**

| | Non-Network – 134.600(p) | Network – 413.014; TIC 1305; 28 TAC 10(Subchapter F) |
|--|---|---|
| Hospital/ Inpatient | Non-emergency inpatient admissions (including principal scheduled procedure and length of stay.) | Same + all nursing home/ convalescent/ services. |
| Surgery | Outpatient surgical or ambulatory surgical services. Spinal surgery. Bone growth stimulators would be covered as part of the surgery so no discrepancy. | Same, and specifies that radiological cryotherapy, manipulation under anesthesia, and certain injections (see below) are classified as surgery. All implantable Bone Growth Stimulators. All vertebral axial decompressions (Vax-D), radio frequency thermocoagulation of facet joints (RFTC), and IDET procedures; |
| Injections | May require pre-auth as outpatient surgical services, depending on billing and where injection is performed. | All ESI's, facet injections, trigger point injections, SI joint injections, prolotherapy injections, chemonucleolysis, and discograms. |
| Psych | Psych testing, psych therapy, repeat psych interviews, and biofeedback (unless part of a preauthorized or DWC exempted RTW program.) | Same (excluding an initial psych eval.) |
| Diagnostics | Repeat diagnostic study > \$350 per fee schedule, or without fee schedule value. | Same + All myelograms, discograms, venograms, surface electromyograms, EMGs, and nerve conduction studies. |
| PT/ OT/ Chiro/ home health / gym | PT/ OT/ Chiropractic PT/ Orthotics/ Prosthetics Management, except for the first 6 visits of PT/ OT within 2 weeks immediately following the DOI or date an approved surgery was performed. | Same + all home health/ residential treatment, and all gym memberships. Just requires for PT/-OT no specifics |
| Work Hardening/ Conditioning | All work hardening or work conditioning services. | Same |
| Pain Management/ Other Programs | All Chronic Pain Management/ Interdisciplinary Pain Rehab programs. | Same + All chemical dependence and weight loss programs |
| DME | DME > \$500 billed charges per item (purchase or expected cumulative rental.) Bone Growth Stimulators would be covered as part of DME because they exceed \$500.00 | Same + All Bone Growth Stimulators, and All TENS units/ neuromuscular stimulators/ interferential units |
| Rx | Drugs not included in the Division's Formulary (aka N-Drugs). All drugs created by compounding. (prescribed and dispensed on or after 7/1/2018) Intrathecal drug delivery systems (including refills for drugs excluded from the closed formulary or for changes in dosing or changes in doctors) | Same |
| Other | | All chemonucleolysis, vertebral axial decompressions (Vax-D), radio frequency thermocoagulation of facet joints (RFTC), and IDET procedures. |
| Treatment Outside of ODG | All treatment that exceeds or is not addressed by ODG and which are not contained in a treatment plan that has been previously approved by Zenith. All investigational/ experimental services not yet broadly accepted as the prevailing standard of care. | Same |
| Investigational Treatment | Any investigational or experimental service or device for which there is early, developing scientific or clinical evidence demonstrating the potential efficacy of the treatment, service, or device that is not yet broadly accepted as the prevailing standard of care. | |
| Treatment for Disputed Body Parts/ Conditions | Any treatment for an injury or diagnosis that is not accepted by the carrier per §408.0042 and §126.14. | Same |
| Required Treatment Plans | Mandated UR | |

Note: Emergency treatment does not require preauthorization.

A to Z:

| Non-Network | Network |
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| <p>Ambulatory Surgery Biofeedback Bone Growth Stimulators Chemonucleolysis Chiropractic Therapy* Chronic Pain Management Programs Compounded drug (prescribed and dispensed on or after 7/1/2018) Diagnostics- repeat studies > \$350 Discograms DME > \$500 Experimental Treatment Hospital Admissions IDET Procedures Injections done in Outpatient Surgical Setting Inpatient Hospital Length of Stay Interdisciplinary Pain Rehab Programs Interferential Units > \$500 Intrathecal drug delivery systems, including refills Investigational Treatment Manipulation Under Anesthesia N-Drugs Neuromuscular Stimulators > \$500 Occupational Therapy* Orthotics Management* Outpatient Surgery Physical Therapy* Prosthetics Management* Psych Interviews- Repeat Psych Testing Psych Therapy, Chemical Dependency Programs, Radiofrequency Thermocoagulation (RFTC) Radiological Cryotherapy Repeat Psych Interviews Rx outside of ODG (N-Drugs) Spinal Surgery Surface EMG Surgery Treatment for disputed conditions Treatment Outside of ODG Vertebral Axis Decompression (Vax-D) Work Conditioning Work Hardening</p> | <p>Ambulatory Surgery Biofeedback Bone Growth Stimulators Chemical Dependence Programs Chemonucleolysis Chiropractic Therapy* Chronic Pain Management Programs Convalescent Services Compounded drug (prescribed and dispensed on or after 7/1/2018) CT Myelograms Diagnostics- repeat studies > \$350 Discograms DME > \$500 billed charges EMGs (Electromyograms) ESI's (Epidural Steroid Injections) Experimental Treatment Facet Injections Gym Memberships Home Health Services Hospital Admissions IDET Procedures Interferential Units Injections done in Outpatient Surgical Setting Inpatient Hospital Length of Stay Interdisciplinary Pain Rehab Programs Intrathecal drug delivery systems, including refills Investigational Treatment Manipulation Under Anesthesia Myelograms N-Drugs Nerve Conduction Studies (NCS, NCV) Neuromuscular Stimulators Nursing Home Stays Occupational Therapy* Orthotics Management* Outpatient Surgery Physical Therapy* Prolotherapy Injections Prosthetics Management* Psych Interviews- Repeat Psych Testing Psych Therapy Radio Frequency Thermocoagulation (RFTC) Radiological Cryotherapy Repeat Psych Interviews Residential Treatment/ Services Rx outside of ODG (N-Drugs) Sacroiliac (SI) Joint Injections Spinal Surgery Surface EMGs Surgery TENS Units Treatment for disputed conditions Treatment Outside of ODG Trigger Point Injections Vertebral Axial Decompressions (Vax-D) Weight Loss Programs Work Conditioning Work Hardening</p> |

* Beyond up to 6 sessions performed within 2 weeks of DOI/ Date of approved surgery